Foundation for **Chiropractic Progress** 

What To Do When You Are In An Accident



# Get off the road immediately. You do not want to be the second accident today.





#### **Stop For A Second or Two**



Assess yourself

Assess passengers



#### **Call the Police**

## Call 911 to get the help you need.





#### **Stay Calm**



It may not seem like much but at the very least you will experience a level of shock.



#### **Exchange Information**

Driver's License

Registration

Insurance Card

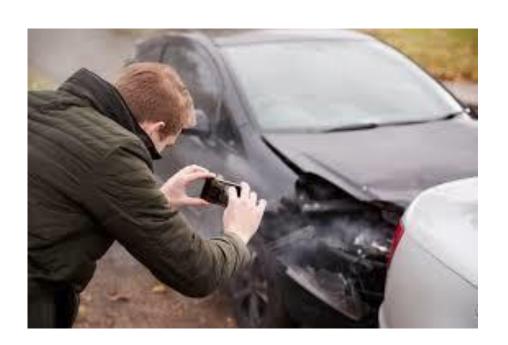
Get Witness
 Information





#### **Take Pictures**

- Your Car From All Angles
- The Other Car
- The Accident Scene
- Yourself
- Your Passengers
- Any Bruises





#### **Go to ER or Urgent Care**

 Most injuries are not obvious to the naked eye.



Better safe than sorry!



#### **Call Your Insurance**

 Report the incident right away before you forget details.

 When they ask how you are, do not say, "I'm fine."

 Tell them that you will be seeing your doctor of chiropractic who will send a report.





#### **Call Your Chiropractic Doctor**

 Most motor vehicle injuries respond well to chiropractic care.

 State Farm estimated that 87.5% see a doctor of chiropractic.



#### Follow Through on Care

 If your chiropractor orders tests it will be because they found reasons to do so.

 If a test comes back negative, then that problem is ruled out.

 If a test comes back positive, it will help with your care and highlight any need for referral to a specialist who may be able to help you further.



#### Talk with a Personal Injury Attorney

 You would not call a plumber for a leak in your roof.

 Attorneys, like doctors, tend to specialize and you would do well to have an attorney who understands the ins and outs of personal injury.





#### **Check Your Insurance Coverage**

 UM/UIM coverage protects you when the other driver does not have enough insurance.



 Your health insurance can have a \$5,000 deductible. Be sure to carry MedPay/PIP to help cover your medical costs.



### For more info on auto accident treatment, contact

**Live Well Chiropractic** 

at 801-731-9899

Or see our website at mylivewellchiro.com.

